



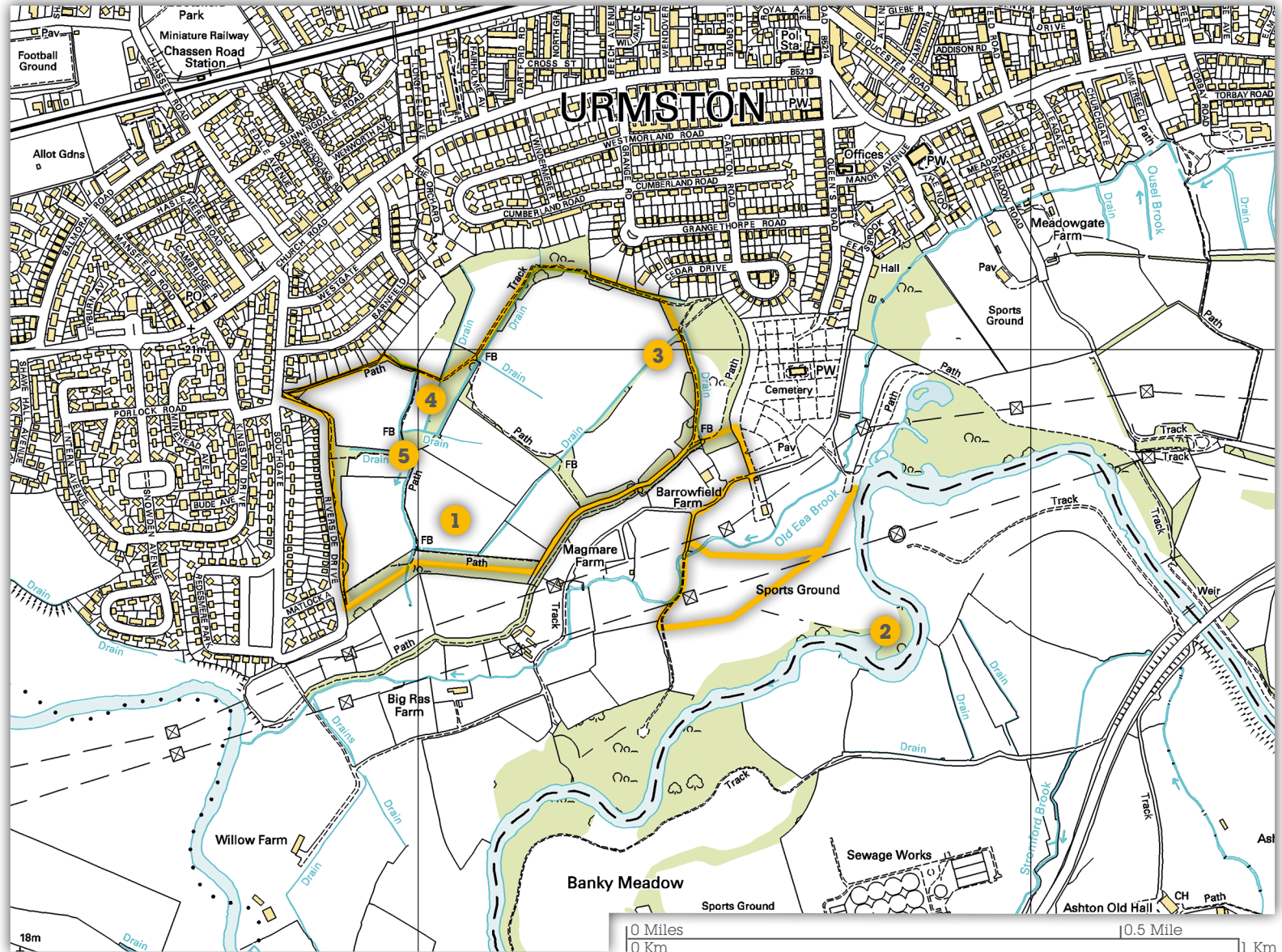
URMSTON MEADOWS AND OLD EES BROOK

ACTIVE TRAFFORD GREENSPACE

 Distance: 2.2 miles / 3.5 km  Allow 50 mins

This walk is one of ten exciting routes designed to help you explore some of Trafford's most beautiful countryside and parks on foot.

Trafford supports a diverse range of open spaces from the historic Longford Park, to visitor attractions such as Sale Water Park and Dunham Massey. Recreational routes, such as the Trans Pennine Trail and Bridgewater Way, pass through the borough's heart, linking local communities and visitors to the Mersey Valley and beyond.



WALK DESCRIPTION

This route takes in a more secluded area of the Mersey Valley. Enjoy the woodland paths and meadow pastures of Urmston Meadows and venture past Barrowfield Farm onto Old Ees Brook. Once here, walkers can explore the beauty of the flood meadow in spring and enjoy panoramic views of the River Mersey. The route returns via Urmston Meadows where walkers can continue along the surfaced path towards Riverside Drive or go in search of Urmston's majestic oak, the 'climbing tree'

ACCESSIBILITY

The paths around Urmston Meadows are surfaced. Elsewhere paths are soft underfoot and prone to becoming muddy.

Suitable for off-road cyclists and horse riders. Urmston Meadows offers access for wheelchairs and prams.

TOILETS

None.

START POINTS

Riverside Drive, M41 9FN (recommended)

Cedar Drive, M41 9HY

TRANSPORT LINKS

Bus Stop: Church Road / Roebuck Hotel

Car: Street parking available

POINTS OF INTEREST

1 Horses: The fields within Urmston Meadows are managed for horses. Urmston and District Riding Club hold a number of equestrian events such as show jumping each summer.

2 Oxbow: This section of the River Mersey has been allowed to flow naturally through Old Ees Brook and Banky Meadows. The river banks provide feeding and nesting sites for visiting sand martins.

3 Hawthorn: Hawthorn is a popular hedging plant and makes ideal nesting shelter for a number of bird species, including wrens and robins. The red haws are devoured by blackbirds, song thrushes and mistle thrushes in autumn.

4 English Oak: This tree is renowned as Urmston's 'climbing tree' and is cherished by local residents who have fond memories clambering it as children.

5 Blue Corridors: The pond and ditches provide valuable habitat for dragonflies such as common and southern hawkers. Aquatic plants such as brooklime provide cover for tadpoles and other amphibians. Clusters of meadowsweet can be seen flowering throughout summer.



Old Ees Brook



The climbing tree



Urmston Meadows